

RESOURCES FOR TRANSITIONING YOUR SCHOOL OR BUSINESS ONLINE

- [Taking Your Teaching Online](#) by Yoga Alliance Board Chair Kerry Maiorca (E-RYT 500, RPYT, YACEP)—an article on best practices and considerations with respect to moving your teaching online, including platforms, payments, and more
- [Online Course Curriculum Webinar](#) by Teachable.com—a replay from March 20, 2020, join representatives from Member Perks partner com for a live question and answer (Q&A) on how to get started creating course content for an online platform
- [Bringing Yoga Trainings Online During Covid-19](#) by Yogaland—a podcast from March 20, 2020 , Co-hosts Andrea Ferretti and Jason Crandell spoke with Yoga Alliance’s Shannon Roche and Catherine Marquette to discuss ways to deliver yoga teacher training programs online rather than in-person.
- [Distance Learning Resources for Schools Affected by COVID-19](#)—tips from Google on ways in which to engage students through distance learning
- [Google Classroom Help](#)—Google’s resource center on how to set up distance learning and how to get started with Google Classroom
- [Zoom Live Training Webinars](#)—a list of daily live webinars on how to best leverage Zoom’s platform, hosted by experts from Zoom’s help desk
- [Video Guidelines for Partners](#)—a list of guidelines to follow for recording your own classes as put together by Member Perks partner, Yoga International
- Yoga Alliance’s Standards Review Project [Online Learning Working Group Paper](#)
- Yoga Alliance’s [RYS Online Learning Best Practices](#)
- [COVID-19 Resource Guide for Yoga Teachers & Movement Educators](#)—a curated list by many within the yoga community of a plethora of tips, best practices, and other tools
- [Sample Releases and Liability Waiver for Schools and Teachers](#) and information on how to use them
- [Insurance and Online Instructions FAQs](#)—a list of frequently asked questions relating to insurance for online instruction
- [RYS Attendance Policy Template](#)
- [RYS Refund Policy Template](#)

WORKSHOP TITLE

How to Teach Yoga Anatomy Online

How to Cultivate Learning Efficacy and Measure the Success of Your Students While Teaching Online

Why Self-Care Plays an Important Role in the Pivot to Teaching Yoga Online

Best Practices for Online Training, Part 1

Best Practices for Online Training, Part 2

Bringing Trauma Sensitive Principles to Online Yoga Instructions, Part 1

Bringing Trauma Sensitive Principles to Online Yoga Instructions, Part 2

Community Sangha: Transitioning to Online Learning

Essential Tools for Teaching Online

How to Teach Online: Quickstart Guide to Tech

This list was last updated on October 9, 2020. For more recent workshops and digital events, please visit our [video resource library](#).